



# What to do when your child has tested positive for COVID-19 or has been identified as a close contact?

- If your child tests positive, you and your family will receive guidance and follow-up from the Porcupine Health Unit.
- All household members must self-isolate. (see attached document-self isolation)
- Designate one caregiver to take care of the child that has tested positive for COVID-19. (see attached document-self isolation)
- Monitor everyone in the household for symptoms of COVID-19 and complete the [Coronavirus \(COVID-19\) self-assessment \(ontario.ca\)](#) and/or [COVID-19 school screening \(ontario.ca\)](#) daily.
- Arrange for [testing](#) if symptoms develop.
- For a list of supplies to have at home when in quarantine, click [here](#)

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**For more information, please check the links below:**

[COVID-19: How to Self-Isolate \(publichealthontario.ca\)](#)

[COVID-19: Self-isolation: Guide for caregivers, household members and close contacts \(publichealthontario.ca\)](#)

[COVID-19: Take Care of Yourself and Each Other \(publichealthontario.ca\)](#)

[fact-sheet-reducing-the-spread-of-covid.pdf \(porcupinehu.on.ca\)](#)

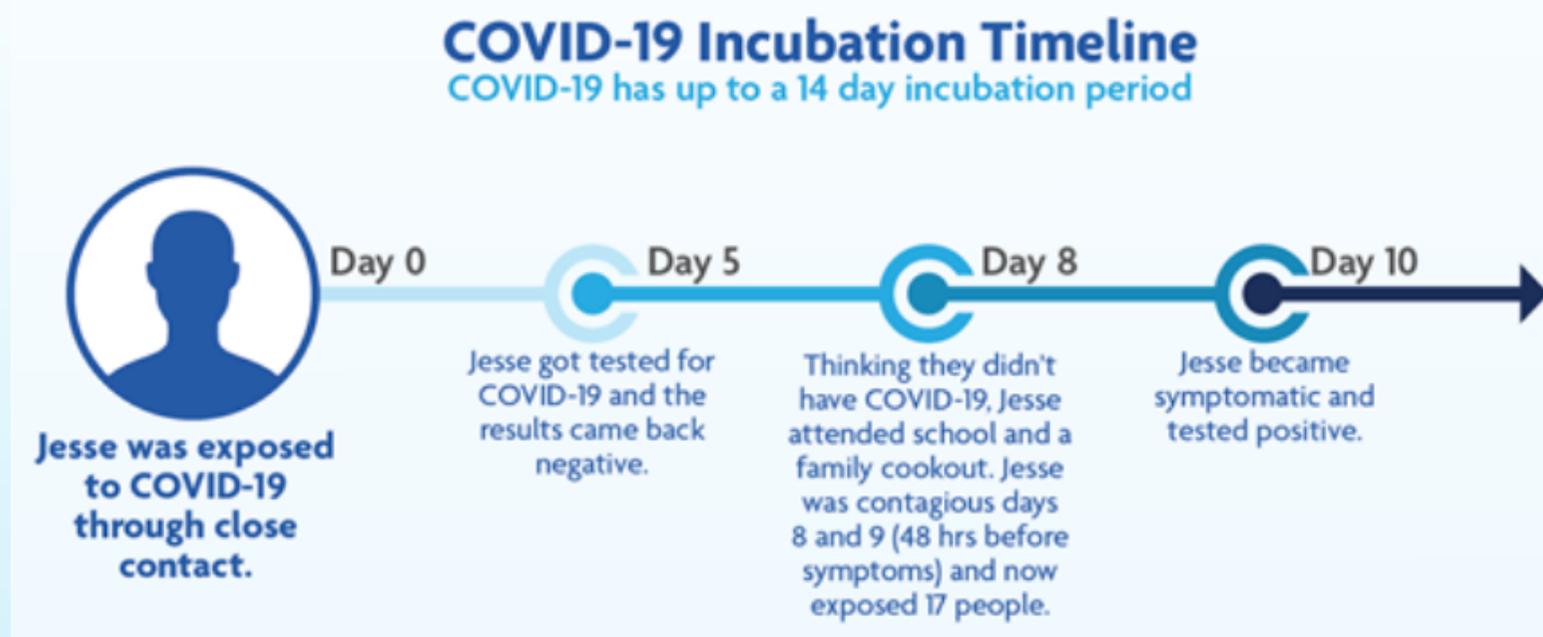


**My child has been in close contact with a positive case. A few days later, he received a negative test. Can he continue with his regular activities? For example, play hockey, go back to school, play outside with his friends?**

**NO.** Negative test results do not change the need to isolate. The Porcupine Health Unit will advise you when your child and other household members can return to normal activities.

**Why can't my child return to school after getting a negative test?**

A negative result may happen if your child was tested within the first 5 days of exposure. A single negative result is not sufficient to exclude COVID-19. You need to continue following the Porcupine Health Unit's advice and self-isolate because the virus may still be incubating.





**My child is a close contact but is asymptomatic (no symptoms of COVID-19), can siblings go to school/daycare/babysitter?**

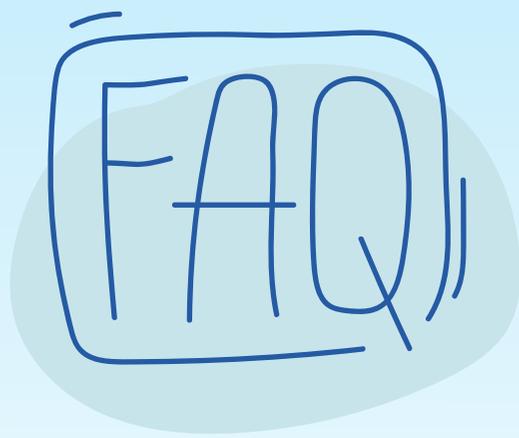
**YES**, asymptomatic siblings can go to school/daycare but should not leave the house for other non-essential reasons for at least 14 days.

All household members are required to stay home except for essential reasons such as attending work, school, or going for groceries. Household contacts are at an increased risk of exposure so must stay home unless essential for the duration of the child's isolation period. Additional guidance will be provided in letters from your school board, school and from the Porcupine Health Unit.

**Can I go to work if my child is a close contact but asymptomatic (no symptoms)?**

**YES**, you can go to work but should not leave the house for other non-essential reasons for at least 14 days.

All household members are required to stay home except for essential reasons such as attending work, school, or going for groceries. Household contacts are at an increased risk of exposure so must stay home unless essential for the duration of the child's isolation period. Additional guidance will be provided in letters from your school board, school and from the Porcupine Health Unit



**Can I go to work if my child, who was identified as a close contact, has developed one or more symptoms?**

**NO.** All household members are to self-isolate when a child is a close contact and is symptomatic. All household members must stay home until the child gets a negative test result and/or wait for the Porcupine Health Unit to confirm isolation has been completed.

**My child is a close contact and has developed one or more symptoms, can brothers/sisters go to school/ daycare or babysitter?**

**NO.** All household members are required to quarantine when a child, who is a close contact has one or more symptoms. All household members must stay home until the child gets a negative test result and/or wait for the Porcupine Health Unit to confirm isolation has been completed.

**Why do I need to complete the child school screening every morning if my child is not attending school currently?**

It is important to continue completing the child school screening for children every morning to help you detect symptoms that may be associated with COVID-19. If your child has one or more symptoms, you need to advise the Porcupine Health Unit and make arrangements to be tested.

**NOTE:** *When your child is ready to go back to school, don't forget to complete the child school screening every morning before school.*

*If your child has one or more symptoms, he or she must stay home to reduce the risk of spreading the virus.*



**If my child has tested positive, does he need to be tested again in 10 days before going back to school?**

**NO.** Your child does not need to get another test, provide a medical note or proof of negative result to return to school. They should, however, wait for the Porcupine Health Unit to confirm isolation has been completed.

**My child is a contact of a COVID-19 positive case, does he need to be tested if he stays home for 14 days?**

We recommend that people get tested but it is not mandatory. Your child must stay home and self-isolate for 14 days from their last date of exposure if they continue to be asymptomatic (no symptoms). The Porcupine Health Unit will confirm when the isolation is completed.